

Mr David Lloyd

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COLONOSCOPY PREPARATION FOR AFTERNOON **COLONOSCOPIC EXAMINATIONS**

INSTRUCTIONS FOR THE USE OF COLONLYTELY

The day before the colonoscopy:

Light Breakfast

Lunch: Fluids only, this may be jelly (NOT RED), soup (clear broth only – no vegetables or meat), juice (no pulp), NO MILK

Dinner: Fluids only (as above for lunch)

5 – 7pm: Drink 1 litre of Colonlytely

Drink at least 3 glasses of clear liquid before retiring – more if desired.

The day of the colonoscopy:

6am – 8am: Drink 2 litres of Colonlytely

You may drink water, clear juice (no pulp), black tea or coffee (no milk) up to 2 hours prior to admission, then nothing to eat or drink until after the colonoscopy.

All cardiac tablets may be taken with a small sip of water.

Blood thinners – Warfarin, Clopidogrel, Dabigatran etc should be ceased before the procedure, on discussion with your Doctor or Mr Lloyd. Aspirin can continue to be taken.

****NO RED COLOURING IN FLUIDS PLEASE****

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